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SUPPLEMENTARY INFORMATION

INNER NORTH WEST COMMUNITY COMMITTEE – 13TH DECEMBER 2023

AGENDA ITEM 8 – FINANCE REPORT

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Inner North West Community Committee Meeting 13th December 2023

Late Paper Addition to Finance Report – for Decision

Contents:

2 Wellbeing Applications

Wellbeing Application: Headingley & Ireland Wood Childrens Centre, Psychodynamic Counselling £5,000

This funding will support 100 hours of counselling with a qualified psychodynamic counsellor for the most vulnerable parents. The counselling will focus on childhood trauma. This counselling is vital to stop the poor parenting cycle.

Wellbeing Application: Headingley Onwards, Improving Wellbeing through Mindful Photography £600

This funding will support four one hour workshops with up to 10 attendees per workshop. The location for the workshops will be All Hallows Church . The aim is for people with no experience of mindfulness or photography to attend and learn new techniques to improve their wellbeing.

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